

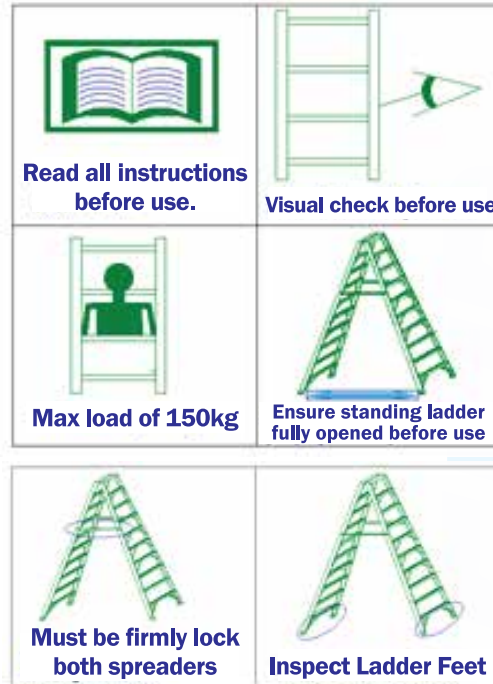
STEP UP

A TYPE DOUBLE SIDED STANDING STEP LADDER
(BS EN 131-1, 2 & 3)

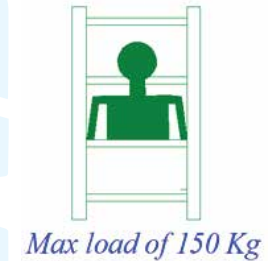
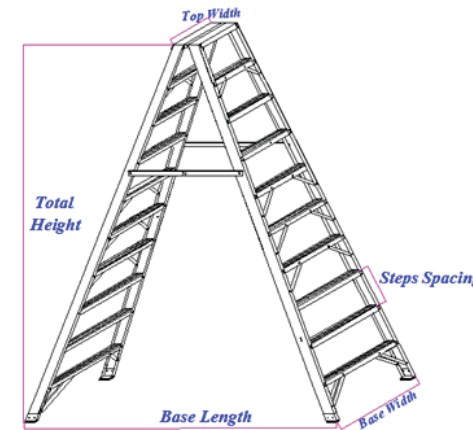
STEP UP

A TYPE DOUBLE SIDED STANDING STEP LADDER
(BS EN 131-1, 2 & 3)

The following GREEN pictograms indicate proper use. The following RED pictograms indicate misuse and are provided as a visual reminder for use. They are not an exhaustive list of use instructions or warnings.



Technical Specification



ALUMINIUM A TYPE (DS) STEP LADDER COLD FORM (Designed as per BS EN 131 Standard)

NO OF STEPS	HEIGHT (CM)	TOP WIDTH (CM)	BASE WIDTH (CM)	BASE LENGTH (CM)	STEPS SPACING (CM)	WEIGHT (KG)	CBM (m ³)
2	49.5	32.5	39.5	59.5	29.5	2.9	0.03894
3	78.5	32.5	42.5	77	29.5	4.34	0.0635
4	104.5	32.5	46	111	29.5	5.74	0.0918
5	134.5	32.5	49.5	119.5	29.5	7.2	0.1237
6	162.5	32.5	52.5	139	29.5	8.86	0.1584
7	191	32.5	56	159	29.5	10.54	0.1975
8	219	32.5	59.5	182.50	29.5	12.22	0.2397
9	246	32.5	62.5	205	29.5	13.96	0.2831
10	275	32.5	66	222.50	29.5	15.86	0.3332
11	328	32.5	72.5	275	29.5	19.75	0.4387

DANGER

ELECTROCUTION HAZARD
FAILURE TO READ AND FOLLOW THE INSTRUCTIONS ON THIS LADDER MAY RESULT IN INJURIES OR DEATH



- ⇒ DANGER ! Metal conducts Electricity Don't let ladders or any material come in contact with live electrical wires.
- ⇒ Incorrect selection of the type of ladder for electrical work

THIS LADDER CONDUCTS ELECTRICITY



ASCEND ACCESS SYSTEMS SCAFFOLDING L.L.C

Tel : +971 4 885 5001
Email : sales@ascenduae.com
Website : www.ascenduae.com

Assembly Instruction

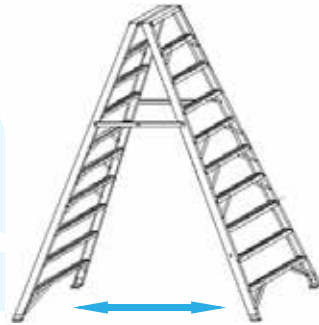
STEP 1

Fully open the stepladder & firmly lock both spreaders



STEP 2

Expand the side of ladder horizontally for free standing of ladder



STEP 3

Fully open the stepladder & firmly lock both spreaders



STEP 4

Make sure stepladder four feet are contact with the ground & are level



INTENDED USE

- The A Type Double Sided Standing Step Ladder is designed and intended for domestic & Industry use.
- This ladder is not a toy. Children should be supervised at all times to ensure they do not play with the ladder system.
- Only use the ladder system as described in these instructions. Any other use is deemed improper and may result in damage to property, personal injury or even death.

Using Your Ladder Safely

- Once you have done your pre-use check, the following simple precautions can minimize the risk of a fall.

Inspection before Each Use

- Ensure that you are not in poor health, subject to fainting spells, have physical handicap that would impair your climbing ability, or if you are under the influence of any drugs or alcohol (including legal drugs that may cause drowsiness), you should not use a ladder
- Practice opening and closing the ladder until you are confident that it is operating correctly and safely
- Placement – Stand the ladder on a firm, level base. If the ground level is uneven, use a suitable block or board to keep the ladder upright and stable
- Visually check the ladder is not damaged and is safe to use at the start of each working day when the ladder is to be used.
- Inspect upon receipt and before each use. Never climb a damaged bend or broken ladder, all working parts must be in good working order.
- Stay focused on safety whenever you are on the ladder, and keep your body weight between the rails
- Remove any contamination from the ladder, such as wet paint, mud, oil or snow.
- Do not use in high winds or during a storm.

Step Ladder – Proper Climbing & use

- Face ladder when climbing ascending and descending, keep body centered between side rails.
- Maintain a firm grip, use both hand climbing
- Never climb a ladder from the side unless ladder is secure against side wise motion, not climb from one ladder to another
- Don't stand and work on the top three steps (including a step forming the very top of the stepladder)
- Try to avoid work that imposes a side loading, such as side-on drilling through solid materials (e.g. bricks or concrete);
- Maintain three points of contact at the working position. This means two feet and one hand, or when both hands need to be free for a brief period, two feet and the body supported by the stepladder
- Never climb a closed stepladder it may slip out
- Do not stand or sit on a stepladder top. You could easily lose your balance or tip the ladder .

Loss of stability

- Incorrect positioning (leaning the ladder at the incorrect angle, opening a stepladder incompletely)
- When the bottom of the ladder slips (the bottom of the ladder is not secured and slips away from the wall)
- Slipping to the side, falling to the side and overturning the top of the ladder (the ladder does not reach high enough over the upper contact surface or an unstable upper contact surface)
- Ladder condition (missing anti-slip feet)
- Coming down a ladder that is not secured at the top
- Terrain conditions (unstable soft soil, sloping terrain, slippery surfaces or soiled solid surfaces)
- Unfavorable weather conditions (windy weather)
- Collision with the ladder (door or a vehicle)
- Unsuitable selection of a ladder (too short, unsuitable activities)

Danger posed by electrical current

- Unavoidable work under voltage (contact when establishing a defect)
- Positioning the ladder immediately next to electrical equipment under voltage (electrical mains above the user's head)
- Incorrect selection of a ladder for electrical work!

Using the Ladder – General Rules

- DO Make sure Face a ladder when climbing up or down, keep body centered between side rails
- DO make sure the ladder correct position, fully open the step ladder and firmly lock both spreaders.
- DO Make sure Maintain a firm grip, use both hands in climbing
- DO Make sure the ladder only one person at a time should climb a ladder
- DO Make sure you carry out risk assessment
- DO Make sure ladder is the correct of equipment for the job
- DO Make sure the ladder is at the right height for the job
- DO Make sure you are wearing the correct footwear
- DO Make sure you are wearing a helmet
- DO Make sure the ladder is safe and in good condition
- DO Make sure the rungs are clean and secure

- DON'T over reach, move ladder when needed
- DON'T climb, stand or sit above three steps from the top, this can cause stability issues
- DON'T walk or jog ladder when standing on it
- DON'T stand, climb or sit on ladder top, pail shelf, braces, or back section
- DON'T overload, ladder is meant for one person
- DON'T overload yourself with tools and materials
- DON'T connect two ladders to each other
- DON'T work near electrical or overhead hazards
- DON'T work in poor weather conditions
- DON'T present a hazard to traffic or passers

Proper care & Storage of ladders

- Store ladders in a safe, dry place
- Proper secure & support ladder while transit
- Keep ladder clean and free of foreign materials
- Store the correct way up.
- The base should always sit on the ground.
- Regularly clean and lubricate the ladders moving parts